

**Competition:** IBTF World Freestyle and Rhythmic Twirl Championships

**When:** 4<sup>th</sup>-11<sup>th</sup> August 2024

**Where:** Helsingborg, Sweden

**Twirl Ireland Requirements:**

- Must be a member on 1st September 2023, full member priority to places as per policy.
- All athletes must be minimum of Twirl Ireland Level B quality. Only 1 level offered internationally.
- Coaches and athletes are responsible for ensuring all relevant rules and regulations according to IBTF are adhered to this includes full understanding of costuming limitations, music requirements and content restrictions.
- The teams are only entered from the national squad (no club teams)
- Trials will be held on 23<sup>rd</sup> March 2024

**IBTF Requirements:**

- Age is calculated on 31<sup>st</sup> December 2024, minimum age is 12 (born in or before 2012)
- Junior = 12-17 Senior = 18+
- Freestyle solo requires competing in Short Programme.
- Athletes are not permitted to enter both the freestyle solo and rhythmic twirl events.
- Each section of freestyle and rhythmic twirl may have 1 alternate.
- Senior women aged athletes who are in the team/pair events or as alternates and not competing in the freestyle solo or rhythmic twirl events may request entry to the IBTF New Freestyle Judging System competition being held on 3<sup>rd</sup> August in the adjoining arena. These places will be filled by the host country first and remaining places shared until maximum numbers reached.
- Freestylists must adhere to the NJS rules and submit a fiche for testing and training purposes. Traditional judging will be used for the competition.
- Acrobatics are forbidden in rhythmic twirl event
- Each pair may have 1 alternate member (not an alternate pair), 1 male and 1 female alternate are permitted in a mixed pair but only 1 may compete as needed.
- Each team may have 2 alternate members (not alternate team)
- The number of athletes in a team cannot change.
- There is no leeway for music – it must fit in the required range.

**Entry Fees**

- Entry fees for this event are covered by Twirl Ireland. Athletes are responsible for paying Nationals and Trials entry fees.

**Minimum Scores:**

Event	Score
Freestyle	3.2 (2.72)
Rhythmic Twirl	77.5, no caption below 15.0 (65.8750)
Pair	36 (30.6)
Team	36 (30.6)

*Please refer to the international competition requirements policy for full information.*

## Events, Divisions, Timings, and Number of competitors

### Freestyle Solo & Short Programme

Female		Male	
Junior	3	Junior	3
Senior	3	Senior	3

Music timings:

Junior: 1:30-2:00      Senior: 2:00-2:30

### Rhythmic Twirl

Female		Male	
Junior	3	Junior	3
Senior	3	Senior	3

Music timings:

Junior: 1:30-2:00      Senior: 2:00-2:30

### Freestyle Pair

Junior pair may only be Junior athletes. (12-17 years)  
Senior pair can be 2 senior, or 1 junior/1senior athlete.

Junior	2
Senior	2

Music timings:

Junior: 1:30-2:00      Senior: 2:00-2:30

### Freestyle Team – (6-8 Members)

No Division	2
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Music timings: 3:00-3:30

### **Associated Documents:**

IBTF World Freestyle and Rhythmic Twirl Rules & Regulations